Syllabus

MAS 250 Massage Therapy Practicum

General Information

Date
January 10th, 2019

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Department
Physical Education and Integrated Health Care

Course Prefix
MAS

Course Number
250

Course Title
Massage Therapy Practicum

Course Information

Credit Hours
2

Lecture Contact Hours
0

Lab Contact Hours
4

Other Contact Hours
0

Catalog Description
This course affords fourth semester massage therapy students the opportunity to administer their massage skills to fellow students, and other members of the college community. Supervised by the massage therapy faculty, the clinic sessions closely simulate a professional massage therapy practice. Students will utilize professional communication skills, intake procedures, massage techniques, as well as post-massage feedback from clients and instructors. Students keep detailed records of their work, and reflect upon their experiences and progress. The practicum offers students a wide range of clinical experience to benefit their future massage therapy practices, as well as provides the college community with the benefits of massage. This course runs in conjunction with Medical Massage (MAS 205).

Key Assessment
This course does not contain a Key Assessment for any programs

Prerequisites
BIO 171, BIO 172, BIO 165, BIO 265, MAS 210, MAS 110, MAS 211, MAS 245 with a grade of C or better, and MAS 215

Co-requisites
MAS 220 and MAS 205

Grading Scheme
Letter

First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category
FLCC Values

Institutional Learning Outcomes Addressed by the Course

<table>
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<tr>
<th>Vitality</th>
<th>Inquiry</th>
<th>Perseverance</th>
<th>Interconnectedness</th>
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Course Learning Outcomes

1. Make safe and appropriate treatment decisions by integrating knowledge of anatomy, pathology, massage theory, and client assessment data
2. Document client assessment data, massage interventions, client outcomes, and treatment plans
3. Perform one-hour massage sessions utilizing both Swedish massage and Shiatsu techniques
4. Perform 15 minute chair massage sessions.
5. Apply professional standards, behavior, and communication skills in all clinical settings

Program Affiliation

This course is required as a core program course in the following program
AAS Therapeutic Massage

Outline of Topics Covered

Each week during the semester students will spend 4 hours applying their knowledge and skills in the role of a student massage therapist in various clinical settings. Settings include public on-campus chair massage and 1 hour table massage clinics, and off campus clinics (e.g. hospital, day-center sites). All massages are performed under the supervision of a licensed massage therapist and will include:

1. The student working in a massage therapist's role with individual clients in a variety of clinical settings
2. The student sharing insights from their clinical experience within individual and group discussions
3. The student directing concerns/questions to the supervising instructor