MAS 245 Massage Therapy Research

General Information

Date
May 3rd, 2018

Author
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Department
Physical Education and Integrated Health Care

Course Prefix
MAS

Course Number
245

Course Title
Massage Therapy Research

Course Information

Credit Hours
2

Lecture Contact Hours
2

Lab Contact Hours
0

Other Contact Hours
0

Catalog Description
This course introduces 2nd semester freshman students to research and critical appraisal in the Complementary and Alternative Health Care field with a special emphasis on Massage Therapy Research. It will focus on the need to ask questions about the profession and how to construct good clinical questions. Topics will include: becoming a reflective massage therapist, finding evidence to support the work of the massage therapist, understanding the scientific evidence, evaluating the evidence and then applying the evidence to practice.

Key Assessment
This course does not contain a Key Assessment for any programs

Prerequisites
MAS 110, MAS 117 with a grade of C or better, and ENG 101

Co-requisites
BIO 165 and MAS 210

Grading Scheme
Letter

First Year Experience/Capstone Designation

This course DOES NOT satisfy the outcomes applicable for status as a FYE or Capstone.

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category
None
FLCC Values

Institutional Learning Outcomes Addressed by the Course

<table>
<thead>
<tr>
<th>Vitality</th>
<th>Inquiry</th>
<th>Perseverance</th>
<th>Interconnectedness</th>
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Course Learning Outcomes

Course Learning Outcomes

1. Pose analytical and clinical questions about massage therapy and the profession
2. Conduct research processes in order to base clinical decisions upon scientific evidence
3. Evaluate scientific evidence within a massage-therapy based research project
4. Write and present a research project to fellow classmates on a topic within the complementary and alternative healthcare field

Program Affiliation

This course is required as a core program course in the following program
AAS Therapeutic Massage

Outline of Topics Covered

Module 1: Asking Questions – Teaching the Reflective Massage Therapist

Module 2: Finding Evidence – Teaching the Inquiring Massage Therapist

Module 3: Understanding the Evidence – Teaching the Thoughtful Massage Therapist

Module 4: Evaluating the Evidence – Teaching the Discerning Massage Therapist

Module 5: Applying the Evidence to Practice – Participating in Research