Syllabus

MAS 205 Medical Massage

General Information

Date  January 10th, 2019
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Department  Physical Education and Integrated Health Care
Course Prefix  MAS
Course Number  205
Course Title  Medical Massage

Course Information

Credit Hours  5
Lecture Contact Hours  5
Lab Contact Hours  2
Other Contact Hours  0
Catalog Description  This course is intended for fourth semester massage therapy students and runs in conjunction with the massage Practicum (MAS 250). Topics include specific medical terminology, pathologic conditions, massage techniques for pathologies and injuries, subjective and objective assessment and planning documentation for medical/insurance cases, and the benefits of massage in the treatment of illness and prevention of complications. It also provides an introduction to medical massage in various healthcare settings including hospitals for in-patients and out-patients, clinics, and private practice. This course will include both theory and supervised practice.

Key Assessment  This course does not contain a Key Assessment for any programs

Prerequisites  BIO 171, BIO 172, BIO 165, BIO 265, MAS 110, MAS 210, MAS 215, and MAS 245 with a grade of C or better

Co-requisites  MAS 220 and MAS 250

Grading Scheme  Letter

First Year Experience/Capstone Designation

This course is designated as satisfying the outcomes applicable for status as a Capstone Course

SUNY General Education

This course is designated as satisfying a requirement in the following SUNY Gen Ed category
Institutional Learning Outcomes Addressed by the Course

Inquiry  Perseverance  Interconnectedness

Course Learning Outcomes

1. Integrate a knowledge of anatomy, pathology, massage theory in order to make safe treatment decisions
2. Perform a physical assessment based on client data
3. Evaluate whether massage would be indicated, applied with caution, or contraindicated for a specific disease process
4. Write SOAP notes/care plan, with specific massage treatment modalities, when massage is indicated
5. Write and present a research project to fellow classmates on a Pathology topic, including research and massage implications

Program Affiliation

This course is required as a core program course in the following program
AAS Therapeutic Massage

Outline of Topics Covered

1. Review of Anatomy & Physiology topics
2. Pathologies as they relate to each body system
3. Massage interventions for the pathologies discussed
4. Massage applications for specific populations (e.g. Elderly, Pregnancy, Children/Infants, Clients with Disabilities, Palliative Care/Hospice...)
5. Medication precautions
6. Client intake/health assessment
7. Client documentation (SOAP note charting)
8. Infection Control
9. Massage indications, cautions, contraindications