# 2. General Information

## Date
11/14/2016

## Department
Physical Education & Integrated Health Care

## Course Prefix:
MAS

## Course Number:
245

## Course Title:
Massage Therapy Research

# 3. Course Information

## Credit Hours
2

## Lecture Contact Hours
2

## Laboratory Contact Hours
0

## Other Contact Hours

## Catalog Description
This course introduces 2nd semester freshman students to research and critical appraisal in the Complementary and Alternative Health Care field with a special emphasis on Massage Therapy Research. It will focus on the need to ask questions about the profession and how to construct good clinical questions. Topics will include: becoming a reflective massage therapist, finding evidence to support the work of the massage therapist, understanding the scientific evidence, evaluating the evidence and then applying the evidence to practice.

## New Analysis Question

## Prerequisites
MAS 110, MAS 117 each with a grade of C or better

## Co-requisites
MAS 210, BIO 165, ENG 103
Grading Scheme

Letter Grade

This course can be taken more than once for credit

This course is designated as satisfying a requirement in the following SUNY Gen Ed category

First Year Experience

Capstone

4. FLCC Values

College Learning Outcomes Addressed by the Course

- Inquiry
- Interconnectedness
- Vitality
- Perseverance

5. Course Learning Outcomes

Course Learning Outcomes

1. Pose analytical and clinical questions about massage therapy and the profession
2. Conduct research processes in order to base clinical decisions upon scientific evidence
3. Evaluate scientific evidence within a massage-therapy based research project
4. Write and present a research project to fellow classmates on a topic within the complementary and alternative healthcare field

6. Program Affiliation

This course is required as a core program course in the following program(s)

AAS Massage Therapy

8. Outline of Topics Covered

Outline of Topics Covered in Course

New Analysis Question

Outline of Topics Covered

- Module 1: Asking Questions—Teaching the Reflective Massage Therapist
- Module 2: Finding Evidence—Teaching the Inquiring Massage Therapist
- Module 3: Understanding the Evidence—Teaching the Thoughtful Massage Therapist
- Module 4: Evaluating the Evidence—Teaching the Discerning Massage Therapist
- Module 5: Applying the Evidence to Practice—Participating in Research