Course Syllabus

Department: Physical Education and Integrated Health Care

Date: 2/14/13

I. Course Prefix and Number: PE 290

   Course Name: Athletic Training Practicum I

   Credit Hours and Contact Hours: 2 Credit Hours and 3 contact Hours

   Catalog Description including pre- and co-requisites: supporting data required for grade prerequisite of ‘C’ or higher. Laboratory participation for students will be accomplished under actual athletic training room conditions. Students will learn, practice, and apply athletic training techniques concentrating on the lower extremities. Prerequisites: Completion of BIO 110 with a C or better; completion or concurrent enrollment in BIO 171.

   Relationship to Academic Programs and Curriculum including SUNY Gen Ed designation if applicable:

   This course is required of athletic training majors at FLCC; it can be taken by those who meet the prerequisites and are interested in a career in sports medicine.

II. Course Student Learning Outcomes: State the student learning outcome(s) for the course (e.g. Student will be able to identify…)

   The student will:

   A. Recognize basic skills and knowledge necessary to evaluate common athletic injuries found in the lower extremities.

   B. Distinguish the relationship between typical signs, symptoms and injury pathologies found in the lower extremities.

   C. Demonstrate taping and wrapping procedures associated with the lower extremities.

   D. Identify theories and application techniques of therapeutic modalities.

   E. Employ professional behavior by assisting a certified athletic trainer at home athletic events and in the athletic training room.

   College Learning Outcomes Addressed by the Course: (check each College Learning Outcome addressed by the Student Learning Outcomes)

   ☒ writing
   ☒ oral communications
   ☐ computer literacy
   ☒ ethics/values

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III. Assessment Measures (Summarize how the college and student learning outcomes will be assessed): For each identified outcome checked, please provide the specific assessment measure.

<table>
<thead>
<tr>
<th>List identified College Learning Outcomes(s)</th>
<th>Specific assessment measure(s)</th>
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<tbody>
<tr>
<td>eg: writing</td>
<td>eg: student will complete a research paper</td>
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<tr>
<td>Writing</td>
<td>The student will complete a research paper on an assigned therapeutic modality with opportunities for revision.</td>
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<tr>
<td>Oral communications</td>
<td>The student will explain and demonstrate the rationale and proper technique for various injury evaluation special tests.</td>
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<tr>
<td>Reading</td>
<td>The student will read and analyze a professional sports medicine journal article.</td>
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<td>Critical Thinking</td>
<td>The student will complete a skills exam related to an injury evaluation of a lower extremity injury.</td>
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<tr>
<td>Ethics / values</td>
<td>The student will review HIPAA policies / the NATA Code of Ethics and then implement these behaviors during clinical observations.</td>
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IV. Instructional Materials and Methods

Types of Course Materials:

Textbook is required. Professional journal articles will also be distributed throughout the course.

Methods of Instruction (e.g. Lecture, Lab, Seminar ...):

Lecture, hands-on lab participation, clinical observations during home athletic contests and during home athletic events.

V. General Outline of Topics Covered:

HIPAA / NATA Code of Ethics / Professional Behavior in Athletic Training

Ankle anatomy / injury evaluation / taping
Foot / lower leg anatomy / injury evaluation / taping
Hip/ thigh anatomy / injury evaluation / taping
Knee anatomy / injury evaluation / taping

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