FLCC Course Syllabus

General Information

Date
01/25/2017

Department
Physical Education & Integrated Health Care

Course Prefix:
HPE

Course Number:
232

Course Title:
Health Sciences Applied to Coaching

Course Information

Credit Hours
3

Lecture Contact Hours
3

Catalog Description
This course covers topics related to the prevention and care of athletic injuries. This course will be taken by second-year students in the AS Sports Medicine degree, as well as by any students interested in pursuing a New York State Coaching Certification. Principles of human anatomy and physiology, biomechanics, and psychology will be presented, along with liability and administrative issues in sports medicine. Students will also have the opportunity to meet the certification requirements for First Aid/CPR/AED.

Grading Scheme
Letter Grade

FLCC Values

College Learning Outcomes Addressed by the Course

Inquiry
Interconnectedness
Vitality
Perseverance

Course Learning Outcomes
Course Learning Outcomes

1. Discuss the roles and responsibilities of members of the sports medicine team.
2. Outline the legal and ethical expectations of sports medicine professionals.
3. Explain methods of injury prevention that are based on current sports medicine protocols.
4. Demonstrate skills for use in emergency situations to earn certification in First Aid/CPR/AED.

Program Affiliation

This course is required as a core program course in the following program(s)

AS Sports Medicine
Coaching – Track

Outline of Topics Covered

Outline of Topics Covered in Course

Health+Sciences+Applied+to+Coaching+topics+list.docx