Course Syllabus

Department: Physical Education & Integrated Health Care

Date: April 2012

I. Course Prefix and Number: PE 205

   Course Name: Instructional Methods for Tennis
   Credit and Contact Hours: 1 credit hour and 2 contact hours

Catalog Description Including Pre- and Co-Requisites: This course is designed for Physical Education majors, coaches, or students interested in pursuing a teaching profession. The course includes instruction in the fundamental skills and rules of the sport of Tennis. Emphasis will be placed on the instructional techniques and methodology in order to help prepare the student to instruct or coach Tennis. Prerequisite: Physical Education majors must successfully complete PE 275 Instructional Practices of Physical Education. Students in an Education or related majors may also benefit from this class but are not required to complete PE 275.

II. Course Outcomes and Objectives:

   Student Learning Outcomes:
   The student will:

   - Demonstrate the basic skills and rules of tennis.
   - Identify how the history of Tennis influenced the development of the sport.
   - Recognize, create and implement instructional practices including instruction, set-up, examples, voice, classroom management, positioning, signals, individual attention, and practice as it relates to teaching and coaching.
   - Demonstrate knowledge of instruction and preparation of curricula within the field of physical education including development and implementation of unit and individual lesson plans.
   - Critique peer teaching performance.
   - Analyze basic skills performance in tennis and implement ideas and concepts to improve skill level.

Relationship To Academic Programs and Curriculum:

This course will provide the Physical Education majors and potential teachers with the opportunity to blend both their tennis skills and knowledge of the game rules with their learned teachings and instructional techniques. The students will gain valuable teaching experience that will provide them with a better base for pursuing a Bachelors degree in Physical Education, Recreation and/or Coaching. This will meet one credit of the two credit methods of instruction requirement for Physical
Education majors or meet one credit of the college’s Physical Education requirement.

**College Learning Outcomes Addressed by the Course:**

- ☑️ writing
- ☑️ oral communications
- ☑️ reading
- ☑️ critical thinking
- ☑️ computer literacy
- ☑️ ethics/values
- ☑️ citizenship
- ☑️ global concerns
- ☑️ information resources

**III. Instructional Materials and Methods:**

**Types of Course Materials:**

- Tennis Booklet – created by Instructor or textbook
- Handouts given by instructor

**Methods of Instruction (e.g. Lecture, Labs, Seminars ...):**

- Lecture

**Lab consisting of:**

- Demonstrations
- Assigned readings
- Drills for skill development
- Student practice teaching

**IV. Assessment Measures (Summarize how the student learning outcomes will be assessed):**

The Physical Education and Integrated Health Care Department believes each instructor should determine the grading system and evaluation methods that will be used in their section of the course. The methods of evaluation must be communicated through the Course Outline that is given to the students the first week of the semester. Possible evaluation methods include: quizzes, tests, collected assignments, group activities, assigned papers, demonstration of skills and teaching performance. Such evaluations and related assignments will develop critical thinking techniques, develop writing skills and communication skills, along with developing an appreciation of lifetime physical activity while improving professional competency of potential teachers.

**V. General Outline of Topics Covered:**

- Warm-up and drill work
- History of Tennis
- Basic Strokes
Scoring and Rules
Court Etiquette
Court positioning for singles and doubles play
Care of Equipment
Instructional Techniques and Teaching Practices
Unit Plan and Lesson Plans
Student Practice Teaching