Course Syllabus

Department: PE
Date: 3/25/2015

I. Course Prefix and Number: PE 144
   Course Name: Wakeboarding
   Credit Hours and Contact Hours: 1 credit hour and 1 contact hour
   Catalog Description including pre- and co-requisites: 
   supporting data required for grade prerequisite of 'C' or higher.

This is an activity course for beginner to advanced students who will increase their wakeboarding skills and ensure the safety of themselves and others while enjoying this lifetime activity. Students will be provided with rental equipment for cable wakeboarding and wetsuits if necessary. Each class will begin with a lecture/training session on the specific topics for the day. The remainder of the class will be for practice and hands on instruction at Muar Lake located at Roseland Water Park in Canandaigua. An additional fee is required.

Relationship to Academic Programs and Curriculum including SUNY Gen Ed designation if applicable:

1 Credit of Physical Education

II. Course Student Learning Outcomes: State the student learning outcome(s) for the course (e.g. Student will be able to identify...)

   The student will be able to:
   1. Identify the wellness benefits of this lifetime activity.
   2. Execute proper Wakeboarding skills.
   3. Recognize Wakeboarding terminology.
   4. Identify safety concerns and avoid potential hazards.
   5. Display proper etiquette.
   6. Approach, ride, and land special features at the water park.

Students will leave this class with proper wakeboarding safety and etiquette. Each student will learn how to stand up on a wakeboard from a deep-water and a dock start. They will learn how to control and turn their board so they can enjoy their ride safely and avoid any potential hazards. Students will also learn how to approach, ride, and land features at the park.

College Learning Outcomes Addressed by the Course: (check each College Learning Outcome addressed by the Student Learning Outcomes)

- [ ] writing
- [ ] oral communications
- [ ] reading
- [ ] mathematics
- [x] critical thinking
- [ ] computer literacy
- [ ] ethics/values
- [ ] citizenship
- [ ] global concerns
- [ ] information resources
III. Assessment Measures (Summarize how the college and student learning outcomes will be assessed): For each identified outcome checked, please provide the specific assessment measure.

<table>
<thead>
<tr>
<th>List identified College Learning Outcomes(s)</th>
<th>Specific assessment measure(s)</th>
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<tbody>
<tr>
<td>e.g.: writing</td>
<td>e.g.: student will complete a research paper</td>
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<tr>
<td>Critical Thinking</td>
<td>Students will learn proper techniques and terminology by performing activity and being assessed on participation, effort, and improvement through instructor visual evaluation.</td>
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IV. Instructional Materials and Methods

Types of Course Materials:

Swimsuit and Towel provided by student. Wakeboard, Cable Course, and Wetsuit provided by Roseland Wake Park.

Methods of Instruction (e.g. Lecture, Lab, Seminar …):

Lecture
Lectured Activity

V. General Outline of Topics Covered:

1. Wakeboarding safety and etiquette
2. Types of Equipment
3. Deep water start
4. Controlling and turning your board
5. Avoiding potential hazards
6. Dock start
7. Surface Slides
8. Safe Falls
9. Features (Ramps and Rails)
10. Tricks

*Each student will progress at different rates and will advance to different topics and different times

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