Course Syllabus

Department: Physical Education and Integrated Health Care

Date: April 2012

I. Course Prefix and Number: PE 115

   Course Name: Tennis

   Credit Hours and Contact Hours: 1 credit hour and 2 contact hours

   Catalog Description including pre- and co-requisites: This co-educational activity includes instruction in the fundamental skills, techniques and rules that govern the life-time activity of tennis. No prerequisites.

II. Course Outcomes and Objectives

Student Learning Outcomes:

The student will:

1. Implement the rules and etiquette of tennis.
2. Apply and execute offensive and defensive strategies in singles and doubles.
3. Demonstrate basic skills such as: forehand, backhand, serve, lob, volley and overhead.
4. Execute scoring a game, set and match.
5. Identify the wellness benefits of the cardiovascular workout provided by a life-time activity such as tennis.
6. Distinguish different types of equipment and execute proper care of equipment.

Relationship to Academic Programs and Curriculum:

This course is a one credit course designed for any major at FLCC. It is an introduction to the sport of tennis with no prior knowledge or skill required. The course fulfills one credit of the college’s physical education requirement.

College Learning Outcomes Addressed by the Course:

- [ ] writing  - [x] computer literacy
- [ ] oral communications  - [x] ethics/values
- [x] reading  - [ ] citizenship
- [ ] mathematics  - [ ] global concerns
- [x] critical thinking  - [ ] information resources
III. Instructional Materials and Methods

Types of Course Materials:

Tennis rule book; workbook/journal

Methods of Instruction (e.g. Lecture, Lab, Seminar …):

Clinics, drills, stroke practice, demonstration, video analysis of skills, knowledge and use of the rules of the game while playing tennis games, sets, and matches.

IV. Assessment Measures (Summarize how the college and student learning outcomes will be assessed):

The Physical Education and Integrated Health Care Department believes each instructor should determine the grading system and evaluation methods that will be used in their section of the course. The methods of assessment must be communicated through the Course Outline that is given to the students the first week of the semester. Possible assessment methods include: quizzes, tests, collected assignments, group activities, demonstration of skills/strategies, and performance during competition. Such assessments and related assignments will develop critical thinking techniques, reading, along with developing ethics and values regarding an appreciation of lifetime physical activity.

V. General Outline of Topics Covered:

1. Conditioning
2. Footwork
3. Forehand
4. Backhand
5. Serve
6. Lob
7. Volley
8. Overhead
9. Scoring
10. Etiquette
11. Rules
12. Strategy for singles and doubles play
13. Care of equipment