Course Syllabus

Department: Physical Education and Integrated Health Care

Date: November 2013

I. Course Prefix and Number: PE 102

Course Name: Basic Rhythms

Credit Hours and Contact Hours: 2 credit hours, 2 contact hours

Catalog Description including pre- and co-requisites: supporting data required for grade prerequisite of ‘C’ or higher: This course provides the opportunity to experience and learn dance steps and movement patterns for such types of dances as Ballroom Dancing, Line Dancing, Folk Dancing and Square Dancing and practice dances such as: Foxtrot, Waltz, Cha Cha, Tango, Rumba, and the Polka. Folk dances such as: Hora, Troika, Greensleeves, and many popular line dances. You will learn to identify musical beats and rhythms appropriate for each dance.

Relationship to Academic Programs and Curriculum including SUNY Gen Ed designation if applicable:

This is one of many courses offered through the Physical Education and Integrated Health Care Department that will satisfy 2 credits of the college’s physical education requirement. This course is required for all physical education studies majors.

II. Course Student Learning Outcomes: State the student learning outcome(s) for the course (e.g. Student will be able to identify…)

The student will:

1. Perform the basic steps and movement patterns for all the dances explained in class.
2. Identify different music, dances and dance styles.
3. Describe and demonstrate the correct dance positions and movement patterns for each of the dances, whether leading or following a partner.
4. Compose a complete Dance Notebook that summarizes all dances performed.

College Learning Outcomes Addressed by the Course: (check each College Learning Outcome addressed by the Student Learning Outcomes)

☐ writing ☐ computer literacy
☒ oral communications ☒ ethics/values
☐ reading ☐ citizenship
☐ mathematics ☐ global concerns
☒ critical thinking ☐ information resources
III. Assessment Measures (Summarize how the college and student learning outcomes will be assessed): For each identified outcome checked, please provide the specific assessment measure.

<table>
<thead>
<tr>
<th>List identified College Learning Outcomes(s)</th>
<th>Specific assessment measure(s)</th>
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<tbody>
<tr>
<td>Oral Communications</td>
<td>The student will deliver a presentation/demonstration of a specific dance.</td>
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<tr>
<td>Critical Thinking</td>
<td>The student will distinguish and implement types of basic dance.</td>
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<tr>
<td>Ethics/Values</td>
<td>The student will apply professional ethics while working as a group and with multiple partners.</td>
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IV. Instructional Materials and Methods

**Types of Course Materials:**

Handouts: Dance information and directions for steps

**Methods of Instruction (e.g. Lecture, Lab, Seminar …):**

- Demonstration of dances and dance steps
- Practice sessions and review
- Additional explanation and discussion as needed
- Group Project – lesson plan and teaching a Folk Dance to the class
- Guest Dance Instructor or Dance Group Visitation based on availability

V. General Outline of Topics Covered:

1. Dance Fundamentals:
   - Leading techniques and responsibilities
   - Follower’s responsibilities
   - Dance rhythm and style
   - Dance positions
   - Dance formations
2. Ballroom Dances/Social Dances such as: Cha, Cha; Foxtrot: Rumba; Swing and Waltz
3. Line Dances such as: The Electric Slide; Cotton-Eyes-Joe and Patty-Cake-Polka
4. Folk Dances such as: Mayim; Hora; Greensleeves; Gie Gordans; Miserlou; Sicilian Tarantella or Troika