

Date: April 2006

- I. Course Name: College Success Strategies
Prefix Number: GST 117
Credit Hours and Contact Hours: 1 credit hour - 1 contact hour
Catalogue Description: This five week course will address goal setting, motivation, time and stress management, note-taking and test taking strategies.

II. Course Outcomes and Objectives:

LEARNING OUTCOMES:

- To develop and understand the necessity of developing realistic academic and personal goals.
- To develop and implement a practical, personal time management system.
- To understand and apply skills in areas such as note-taking and test-taking.

Relationship to Academic Programs:

This 1 credit course counts as General Elective credit and supports student learning skills across the curriculum.

College competencies addressed by the course:

Writing	Oral Communication
Reading	Computer Literacy
Information Resources	Critical thinking

III. Methods of Instruction:

Types of Course Materials:

No specific textbook is required. Types of materials may include newspaper, magazine, and journal articles, college textbooks, print and on-line articles, and fiction and non-fiction books.

Methods of Instruction:

Instructional strategies may include

- Lectures
- Large and small group discussions
- Collaborative in-class assignments and projects
 - Computer/Internet assignments
- Presentations
- Tests, quizzes, and projects
- Guest speakers

Assessment Measures:

Formal and informal assessment measures will be used during the courses to assess the following:

Students will have developed a set of personal and academic goals.
Students will have developed and implemented a time management system.
Students will exhibit the ability to take organized notes within a classroom and from college textbooks.
Students will demonstrate the ability to prepare for and take different styles of tests.

Methods of Evaluation:

Even though the specific percentage of importance for each criterion listed below will differ from one instructor to another, the primary areas used in evaluating student outcomes may include the following:

- Attendance
- Written assignments
- Exams and quizzes
- Oral presentations
- Degree of active learning or class participation

IV. General Outline of Topics Covered by Course:

Personal Growth

- Goal setting and motivation
- Time management
- Understanding self as learner
- Stress management
- Concentration strategies

Academic Strategies

- Memory development
- Note taking - lecture and textbook formats
- Test-taking
- Summarizing